

# Maine Cycling Club NEEDS YOU!

## Be a Podium Volunteer!

### Volunteers enjoy these benefits!

- \$10.00 off the Christmas Party!
- FREE food at our cycling races!
- Recognition at events & in our Newsletter!
- Earn club credits
- A chance to WIN a Volunteer Prize at the Christmas Party!
- Fulfillment from helping others!



### The Recipe of a Volunteer

2 Cups Good Thoughts  
4 Cups Consideration for Others  
2 Cups Well-Beaten Faults  
3 Cups Kind Deeds  
3 Cups Forgiveness  
Mix thoroughly. Add Tears of Joy, Sorrow and Sympathy. Flavor with Love and Kindly Service. Fold into daily life with warmth and Human Kindness!

Served with a Smile every time!